

# Instructor Reflections and Remarks about the Course

(Accelerated 8 Week, Mid-Semester, Online Presentation)

## **INTRODUCTION**

Anatomy and Physiology is an adventure; we will look at material and topics you may never have considered before. Expect to be illuminated.

Anatomy and Physiology is a language; you will be introduced to a substantial litany of new vocabulary and need to use it correctly.

Anatomy and Physiology is a (mental) workout; you will make new connections and discard old ideas. Building a strong foundation and understanding in any new field takes work.

Yes, you will need to *STUDY HARD !!!*

But I am here to help. To be clear, I cannot do your work for you. But I am here to encourage and counsel in ways and techniques to master the material best. But you will certainly want to plan out your daily routine to include several hours every day to master the material.

## **TIME MANAGEMENT AND CAREER GOALS**

We all come from different backgrounds and varying employment obligations, and family relationships and responsibilities need to be maintained. With all the various pulls on our time and resources, scheduling another significant activity can sometimes be challenging. Scheduling several daily hours for study can be a daunting prospect for some. However, it is one that the student must look at immediately and requires a quality decision if success is to be assured.

With this in mind, I encourage you to talk to those important in your life about your educational needs at this juncture in your developing career. I would also encourage you to look carefully at all time-consuming activities in your life and

make appropriate adjustments in light of your important career aspirations. The word “priorities” comes to mind here.

## **COURSE STRUCTURE and INSTRUCTIONAL METHOD**

This course is *accelerated* and is divided up into several topical units. We will be covering content that typically spans an entire 16-week semester and covering it in 8 weeks. Each unit has a particular set of instructional goals; therefore, most units will be assessed individually. Access to specific unit instructional goals and assignments can be found under the topic headings on Blackboard or the instructor’s website. Assessment is accomplished by way of exams to be completed on the date and time designated on the syllabus. Target dates can be seen on the syllabus, but it must be understood that these are target dates, and they may be modified according to the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy as delineated in the lecture outlines.
- Master physiological themes, concepts, and processes presented in the course material as they relate to the anatomy.

With all this said, I am confident that you will find this course challenging, enlightening, and well worth the hard work you will need to invest.

Get ready to STUDY HARD !!!